# ADHD ASSESSMENT, CONSULTATION, AND TREATMENT PROGRAM



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NSU's Psychology Services Center Maltz Building 3301 College Avenue Fort Lauderdale, Florida 33314-7796 (NSU Fort Lauderdale/Davie Campus)

(954) 262-5730 | nova.edu/adhd





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### ADHD ASSESSMENT, CONSULTATION, AND TREATMENT PROGRAM

#### WHAT WE OFFER

The **Nova Southeastern University (NSU)** ADHD Assessment, Consultation, and Treatment Program serves children, adolescents, and young adults (ages 2 to 22) who are demonstrating behavioral problems consistent with a diagnosis of ADHD (attention deficit hyperactivity disorder).

Our goal is to deliver effective, science-based solutions to common problems affecting ADHD-diagnosed children and their families.

A key assumption of our model is that parents are important agents of change. It takes parental leader ship and willingness to make changes in the home environment and/or family management practices. However, while we view parents as "response able," we do not assign blame or waste valuable time in treatment attempting to determine who is at fault for child problems.

We focus on helping families to better use available resources and begin moving toward solutions. We offer comprehensive evaluations consistent with school board standards.

#### **SERVICES**

Our evaluations begin with the administration of a semi-structured parent interview and collection of normative ratings of child, parent, and family functioning. We also conduct psychoeducational testing using measurement tools approved by your county.

Unlike many evaluations, we routinely observe children at school, inside and outside of the classroom setting. Finally, teacher interviews are conducted to obtain information about academic and social functioning.

We tailor our evaluations to address specific referral questions in a manner that is individualized and appropriate to the emotional needs of each child and each classroom (as well as providing data necessary for making IDEA or 504 accommodations possible).

### BEHAVIORAL CONSULTATION IN THE SCHOOL SETTING

It is common for children with ADHD to exhibit social and academic impairment in the school setting. Our therapists routinely visit the children's schools to observe classroom behavior. Therapists also work with teachers and school psychologists to develop individualized behavioral programs that coordinate school and home-based interventions, thus building a partnership between families and the school.

#### SCHOOL AND COMMUNITY TRAININGS

As part of our commitment to educating members of the community about the diagnosis and treatment of ADHD, we offer free in-service trainings for schools, parents, and community groups within Broward, Miami-Dade, and Palm Beach counties.

#### **FREQUENTLY ASKED QUESTIONS**

#### **FEES AND HOURS**

NSU provides services at affordable rates.

Services are by appointment only. Monday-Thursday, 9:00 a.m.-9:00 p.m. Friday, 9:00 a.m.-5:00 p.m.

#### **APPOINTMENTS**

Call (954) 262-5730, or reach the program directly at (954) 262-5912.

#### **DIRECTOR**

David Reitman, Ph.D.

Visit *nova.edu/adhd* for more information about the clinic director.

NSU's Psychology Services Center is a state-of-the-art facility where providers are supervised by highly qualified, licensed professionals.

Services are available to individuals regardless of race, color, sex, age, nondisqualifying disability, religion or creed, sexual orientation, or national or ethnic origin.