

CHILD AND ADOLESCENT TRAUMATIC STRESS PROGRAM



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NSU's Psychology Services Center
Maltz Building
3301 College Avenue
Fort Lauderdale, Florida 33314-7796
(NSU Fort Lauderdale/Davie Campus)
(954) 262-5730 | nova.edu/catsp



College of Psychology
NOVA SOUTHEASTERN UNIVERSITY

NSU
Florida

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WHAT WE OFFER

Nova Southeastern University (NSU) provides children, adolescents (from birth to 18 years old), and family members, with specialized psychological services to help reduce post-trauma symptoms and gain greater satisfaction in their lives. Family forensic therapy services also are available for children and their families when parents are divorcing or dissolving their parenting partnership. Research indicates that many of these children experience stress or traumatic stress symptoms in response to living in a high conflict family situation.

FREQUENTLY ASKED QUESTIONS

WHO DOES THE PROGRAM HELP?

- Children and adolescents experiencing psychological problems and physical complaints due to trauma exposure (Examples can include abuse, homelessness, abandonment, natural disasters, accidental injury, witnessing harm or death befall a primary caregiver, hostage situations, kidnapping, and urban or school violence.)
- Children and adolescents with acute, chronic, and/or genetic medical disorders, and their families
- Individuals (juvenile or adult) or families ordered by a court to complete psychological evaluations, family or reunification therapy, or parent effectiveness and empathy training

WHAT TYPES OF SERVICES ARE INCLUDED?

- **Clinical Services**—psychological assessment and evaluation, as well as individual and family therapy, for children and their families
- **Consultations**—liaison support for medical personnel, court personnel/programs, professional agencies, educators, and school personnel
- **Training**—specialized instruction for mental health professionals, students, and regional agencies
- **Research-Based Treatment**—development of more effective regimens conducted under the direction of a licensed psychologist, certified family mediator, and clinical supervisor



FEES AND HOURS

NSU provides services at affordable rates. Some individuals may qualify for no-cost therapy, depending upon available funds and other criteria.

Services are by appointment only.
Monday–Thursday, 9:00 a.m.–9:00 p.m.
Friday, 9:00 a.m.–5:00 p.m.

APPOINTMENTS

Call (954) 262-5730, or reach the program directly at (954) 262-5833.

DIRECTOR

Jan Faust, Ph.D., A.B.P.P.

Visit nova.edu/catsp for more information about the clinic director.

NSU's Psychology Services Center is a state-of-the-art facility where providers are supervised by highly qualified, licensed professionals.

Services are available to individuals regardless of race, color, sex, age, nondisqualifying disability, religion or creed, sexual orientation, or national or ethnic origin.