NSU'S PSYCHOLOGY SERVICES CENTER

FAMILY VIOLENCE PROGRAM



FAMILY VIOLENCE PROGRAM NSU's Psychology Services Center Maltz Building 3301 College Avenue Fort Lauderdale, Florida 33314-7796 (NSU Fort Lauderdale/Davie Campus)

(954) 262-5730 | nova.edu/familyviolence





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FAMILY VIOLENCE PROGRAM

WHAT WE OFFER

The Nova Southeastern University (NSU) Family

Violence Program offers therapeutic interventions for issues involving all aspects of domestic violence. Individual therapy focuses on a wide variety of common symptoms resulting from abuse, such as depression and anxiety, as well as anger management training to help prevent domestic violence.

We help victims of abuse with

- crisis intervention and victim advocacy management
- identifying and overcoming effects of abuse
- empowerment for nonviolent, egalitarian life choices

Perpetrators of abuse can

- get anger management training
- learn what coercive/violent behaviors are and how to identify their origins
- learn and practice alternative, nonviolent behaviors, social skills, and communication skills
- change attitudes and attributions that perpetrate coercive behaviors

Individuals and groups can benefit from

• therapeutic interventions for anxiety and depression related to a history of trauma or abuse



FREQUENTLY ASKED QUESTIONS

WHAT IS DOMESTIC VIOLENCE?

Any form of coercive action, thought, or feeling imposed on an intimate partner or spouse. This includes

- **Physical Abuse** such as slapping, kicking, hitting, shoving, pinching, biting, restraining, stalking, or any other means to gain control over another individual
- **Psychological Abuse** including intimidation, coercion, or threat; emotional abuse; isolation from family and friends; controlling/withholding finances or money; using children to influence or manipulate one's partner
- **Sexual Abuse** comprising any sexual behavior involving force, threat of force, or coercion

FEES AND HOURS

NSU provides services at affordable rates.

Services are by appointment only. Monday–Thursday, 9:00 a.m.–9:00 p.m. Friday, 9:00 a.m.–5:00 p.m.

APPOINTMENTS

Call (954) 262-5730, or reach the program directly at (954) 262-5850.

DIRECTOR

Vincent B. Van Hasselt, Ph.D.

Visit *nova.edu/familyviolence* for more information about the clinic director.

NSU's Psychology Services Center is a state-of-the-art facility where providers are supervised by highly qualified, licensed professionals.

Services are available to individuals regardless of race, color, sex, age, nondisqualifying disability, religion or creed, sexual orientation, or national or ethnic origin.

